



# MIDCO® AQUATIC CENTER SWIM LESSON SCHEDULE FOR SUMMER 2021



## SESSION 1: MAY 31-JUNE 11

Registration is open 6 p.m.  
on Tuesday, May 18, through 6 p.m.  
on Tuesday, May 25, at 6 p.m.

## SESSION 2: JULY 5-16

Registration is open 6 p.m.  
on Tuesday, June 22, through 6 p.m.  
on Tuesday, June 29, at 6 p.m.

## SESSION 3: AUGUST 2-12

Evenings only! Registration is open 6 p.m.  
on Tuesday, July 20, through 6 p.m.  
on Tuesday, July 27, at 6 p.m.

Parent-Child Lessons				991009
May 31-June 11	M-F	11:30-11:55 a.m.	\$45	
May 31-June 10	M-Th	5:30-5:55 p.m.	\$45	
May 31-June 10	M-Th	6-6:25 p.m.	\$45	
Toddler: 3-4 year olds				991007
May 31-June 11	M-F	10-10:25 a.m.	\$45	
May 31-June 11	M-F	11-11:25 a.m.	\$45	
May 31-June 10	M-Th	5-5:25 p.m.	\$45	
May 31-June 10	M-Th	5:30-5:55 p.m.	\$45	
Preschool: 4-5 year olds				991008
May 31-June 11	M-F	9:30-9:55 a.m.	\$45	
May 31-June 11	M-F	10:30-10:55 a.m.	\$45	
May 31-June 10	M-Th	5-5:25 p.m.	\$45	
May 31-June 10	M-Th	6:30-6:55 p.m.	\$45	
Level I				991001
May 31-June 11	M-F	9:30-10:15 a.m.	\$45	
May 31-June 11	M-F	10:30-11:15 a.m.	\$45	
May 31-June 10	M-Th	5-5:45 p.m.	\$45	
May 31-June 10	M-Th	7-7:45 p.m.	\$45	

Level II				991002
May 31-June 11	M-F	9:30-10:15 a.m.	\$45	
May 31-June 11	M-F	10:30-11:15 a.m.	\$45	
May 31-June 10	M-Th	5-5:45 p.m.	\$45	
May 31-June 10	M-Th	6-6:45 p.m.	\$45	
Level III				991003
May 31-June 11	M-F	9:30-10:15 a.m.	\$45	
May 31-June 10	M-Th	5-5:45 p.m.	\$45	
May 31-June 10	M-Th	6-6:45 p.m.	\$45	
Level IV				991004
May 31-June 11	M-F	9:30-10:15 a.m.	\$45	
May 31-June 10	M-Th	6-6:45 p.m.	\$45	
Level V				991005
May 31-June 11	M-F	10:30-11:15 a.m.	\$45	
May 31-June 10	M-Th	7-7:45 p.m.	\$45	
Level VI				991006
May 31-June 11	M-F	10:30-11:15 a.m.	\$45	
May 31-June 10	M-Th	7-7:45 p.m.	\$45	
Adult				991099
May 31-June 10	M-Th	7-7:45 p.m.	\$45	

Parent-Child Lessons				995009
July 5-16	M-F	11:30-11:55 a.m.	\$45	
July 5-15	M-Th	5:30-5:55 p.m.	\$45	
July 5-15	M-Th	6:30-6:55 p.m.	\$45	
Toddler: 3-4 year olds				995007
July 5-16	M-F	9:30-9:55 a.m.	\$45	
July 5-16	M-F	10:30-10:55 a.m.	\$45	
July 5-15	M-Th	5-5:25 p.m.	\$45	
July 5-15	M-Th	5:30-5:55 p.m.	\$45	
Preschool: 4-5 year olds				995008
July 5-16	M-F	10-10:25 a.m.	\$45	
July 5-16	M-F	11-11:25 a.m.	\$45	
July 5-15	M-Th	5-5:25 p.m.	\$45	
July 5-15	M-Th	6:30-6:55 p.m.	\$45	
Level I				995001
July 5-16	M-F	9:30-10:15 a.m.	\$45	
July 5-16	M-F	10:30-11:15 a.m.	\$45	
July 5-15	M-Th	5-5:45 p.m.	\$45	
July 5-15	M-Th	6-6:45 p.m.	\$45	

Level II				995002
July 5-16	M-F	9:30-10:15 a.m.	\$45	
July 5-16	M-F	10:30-11:15 a.m.	\$45	
July 5-15	M-Th	5-5:45 p.m.	\$45	
July 5-15	M-Th	7-7:45 p.m.	\$45	
Level III				995003
July 5-16	M-F	9:30-10:15 a.m.	\$45	
July 5-15	M-Th	5-5:45 p.m.	\$45	
July 5-15	M-Th	6-6:45 p.m.	\$45	
Level IV				995004
July 5-16	M-F	9:30-10:15 a.m.	\$45	
July 5-15	M-Th	7-7:45 p.m.	\$45	
Level V				995005
July 5-16	M-F	10:30-11:15 a.m.	\$45	
July 5-15	M-Th	7-7:45 p.m.	\$45	
Level VI				995006
July 5-16	M-F	10:30-11:15 a.m.	\$45	
July 5-15	M-Th	7-7:45 p.m.	\$45	
Adult				995099
July 5-15	M-Th	7-7:45 p.m.	\$45	

Level II				996002
August 2-12	M/W	6-6:45 p.m.	\$45	
August 2-12	M/W	7-7:45 p.m.	\$45	
August 2-12	T/Th	6-6:45 p.m.	\$45	
August 2-12	T/Th	7-7:45 p.m.	\$45	
August 2-12	Sat	10-10:45 a.m.	\$45	
Level III				996003
August 2-12	M/W	6-6:45 p.m.	\$45	
August 2-12	M/W	7-7:45 p.m.	\$45	
August 2-12	T/Th	6-6:45 p.m.	\$45	
August 2-12	T/Th	7-7:45 p.m.	\$45	
August 2-12	Sat	10-10:45 a.m.	\$45	
Level IV				996004
August 2-12	M/W	7-7:45 p.m.	\$45	
August 2-12	Sat	11-11:45 a.m.	\$45	
Level V				996005
August 2-12	M/W	7-7:45 p.m.	\$45	
August 2-12	Sat	10-10:45 a.m.	\$45	

Level VI				996006
August 2-12	T/Th	7-7:45 p.m.	\$45	
August 2-12	Sat	11-11:45 a.m.	\$45	
Adult				996099
August 2-12	T/Th	7-7:45 p.m.	\$45	
August 2-12	Sat	11-11:45 a.m.	\$45	



# 2021 INDOOR SWIMMING LESSONS

Midco® Aquatic Center is a provider of **American Red Cross Learn-to-Swim** courses.

Swimming lessons will be available for all ages and abilities. Not only does learning to swim allow for you to be safe in and around the water, it also has many other added benefits. Learning to swim provides a lifelong skill that can provide fitness opportunities, improve your health, provide strength and coordination, and provide confidence in the water and motivation to continue to improve skill proficiencies.

For detailed class information, visit [www.midcoaquaticcenter.org/swimming-lessons](http://www.midcoaquaticcenter.org/swimming-lessons)

**SUMMER SESSION 1:  
May 31–June 11, 2021**

**SUMMER SESSION 2:  
July 5–16, 2021**

**SUMMER SESSION 3:  
August 2–12, 2021  
\*Evenings Only**

## REGISTRATION FOR LESSONS

All new users must create a new account prior to registering. Once you have an approved account, you will just need to log in. Accounts will be approved Monday through Friday during normal business hours. You may browse our site as a guest but must have an account to register or reserve. For your convenience swimming lesson registration will be available online at: [register.siouxfallspark.org](http://register.siouxfallspark.org)

### Summer Session 1: May 31–June 11, 2021

Registration is open 6 p.m. on Tuesday, May 18, through 6 p.m. on Tuesday, May 25.

### Summer Session 2: July 5–16, 2021

Registration is open 6 p.m. on Tuesday, June 22, through 6 p.m. on Tuesday, June 29.

### Summer Session 3: August 2–12, 2021 | \*Evenings Only

Registration is open 6 p.m. on Tuesday, July 20, through 6 p.m. on Tuesday, July 27.

#### Public Computers Available for Online Registration

In order to register online, you must have an approved account.

- Use computers at any Siouxland Libraries location during their regular operational hours.

For more information on class levels, class times, and locations, visit [www.midcoaquaticcenter.org/swimming-lessons](http://www.midcoaquaticcenter.org/swimming-lessons).

If you do not already have an account with Sioux Falls Parks and Recreation, you will need to create a new account prior to registering for lessons, classes, or activities with Sioux Falls Parks and Recreation.

#### Public Computers Available for Online Registration

- In order to register online, you must have an approved account.
- Use computers at any Siouxland Libraries location during their regular operational hours.

**In-Person Registration is available at the Midco® Aquatic Center, 1601 South Western Avenue.**

Please use this option if you do not have Internet access, access to a debit or credit card, and/or you need to pay with check or cash.

*You also have the opportunity to sign up on the first day of swimming lessons if openings for lessons are still available.*

#### Refund Policy:

Sioux Falls Parks and Recreation reserves the right to use discretion when issuing refunds. Refunds may be issued before lessons begin, but will not be issued once lessons have begun.

#### Makeup Policy:

Swimming lesson participants are not allowed to make up a missed swimming lesson on a different date or time than what they are registered for. This is due to the maximum student to instructor ratios, and the large quantity of registered participants.



# SWIM LESSON SCHEDULE

FOR SUMMER 2021



**MIDCO®  
AQUATIC CENTER**

**SUMMER SESSION 1:  
May 31–June 11, 2021**

**SUMMER SESSION 2:  
July 9–16, 2021**

**SUMMER SESSION 3:  
August 2–12, 2021  
\*Evenings Only**



**CITY OF  
SIOUX FALLS  
PARKS & RECREATION**

1601 South Western Avenue  
Sioux Falls, SD 57105

605-367-POOL (7665)  
[www.midcoaquaticcenter.org](http://www.midcoaquaticcenter.org)

# AQUATIC SPECIAL EVENTS

## LAP SWIMMING/WATER WALKING FOR TEENS AND ADULTS

This is an independent workout allowing the participant the freedom to workout at their own pace in the pool. No registration required. **Participants will need to have an active swim pass or pay daily admission rates.**

MAY 31–AUG 13 | MON, TUE, THU, FRI | 11 A.M.–12:50 P.M. DRAKE SPRINGS

MAY 31–AUG 13\* | WED | 11 A.M.–12:15 P.M. | DRAKE SPRINGS  
AUG 16–20 | MON–FRI | 11 A.M.–12:50 P.M. | DRAKE SPRINGS  
MAY 31–AUG 13\*\* | MON–FRI | 5–6:30 P.M. | FRANK OLSON

\*JUN 2–AUG 4—LAP SWIM UNAVAILABLE WEDNESDAYS, 12:15–12:45 P.M. DUE TO AQUA CLASS.

\*\*FAMILY SWIM WILL BE HELD AT THE SAME TIME.

## WIGGLE BRIDGE

Did you ever dream about walking on water? With our new Wibit® Wiggle Bridge, you can—if you are able keep your balance! The Wiggle Bridge will be making stops at two different pools this summer. **Participants will need to have an active swim pass or pay daily admission rates.**

JUN 7–JUL 2 | 6:30–8 P.M. | FRANK OLSON POOL  
JUL 5–JUL 30 | 6:30–8 P.M. | KUEHN POOL

## AQUA FITNESS

DRAKE SPRINGS FAMILY AQUATIC CENTER  
AGES: 18+

Need a reason to get outside and exercise over the noon hour? This 30-minute high-intensity workout is for you! Using a variety of different water exercises, this power-packed class will be both fun and challenging. No registration required.

JUN 16–AUG 4 | WED | 12:15–12:45 P.M. | FREE



## SOCIAL SATURDAYS

DRAKE SPRINGS FAMILY AQUATIC CENTER  
AGES: 55+

Join us on select Saturdays to socialize and exercise! This opportunity at Drake Springs will not only exercise your body, but your mind too! From 10–11 a.m. we will have an organized fitness class and from 11 a.m.–12 p.m. you are free to enjoy the current channel or lap swim. No registration required. **Participants will need to have an active swim pass or pay daily admission rates.**

JUN 26 | SAT | 10 A.M.–12 P.M. NOON  
JUL 17 | SAT | 10 A.M.–12 P.M. NOON  
AUG 7 | SAT | 10 A.M.–12 P.M. NOON

## FREE FAMILY FRIDAYS

ALL AGES

Sioux Falls Parks and Recreation will be hosting Free Family Fridays at all pools this summer. On these special nights, we will be extending our family swim time, so grab your parents and join us for these free-admission nights from 6:30–8 p.m. Enjoy Wibits®, yard games, and so much more! This will also give you a chance to see how much fun our pools are and a chance to meet our friendly staff.

JUL 9 | FRI | 6:30–8 P.M. | FREE | FRANK OLSON POOL  
JUL 16 | FRI | 6:30–8 P.M. | FREE | TERRACE PARK FAMILY AQUATIC CENTER POOL  
JUL 23 | FRI | 6:30–8 P.M. | FREE | LAUREL OAK FAMILY AQUATIC CENTER  
JUL 30 | FRI | 6:30–8 P.M. | FREE | KUEHN POOL  
AUG 6 | FRI | 6:30–8 P.M. | FREE | DRAKE SPRINGS FAMILY AQUATIC CENTER

## ADAPTIVE AQUATICS

ADAPTIVE—ENCOURAGED FOR INDIVIDUALS WITH SPECIAL NEEDS

LAUREL OAK FAMILY AQUATIC CENTER

SFPR and Sanford Wellness Center are happy to announce an adaptive aquatics program for children with special needs. The goal of this program is to provide students with a structured aquatic experience designed to make them feel comfortable and safe while swimming. Carole Wolf, a S.D.-certified teacher with a master's degree in adaptive aquatics, will be conducting the classes. Classes will be a one-to-one student-to-instructor ratio for a 30-minute lesson. First-come, first-served. Register by June 21 by calling Shanna at 367-7665. For additional questions, please call Carole Wolf, instructor, at 261-5716. **Registration required.**

JUL 13–JUL 29 | TUE, THU | 1–3:30 P.M. | FREE

## DIVE-IN MOVIES

LAUREL OAK FAMILY AQUATIC CENTER  
ALL AGES

Our outdoor “swimming cinema” returns! All movies are free, but to be in the water you will need to have an air mattress. There will be seating on the deck for others. Games will start at 8 p.m. and show times will start at approximately 9 p.m. No registration required.

JUL 13 | TUE | 8–10:30 P.M. | FREE | SHARK TALE  
JUL 27 | TUE | 8–10:30 P.M. | FREE | FREE WILLY

## THE GREAT CARDBOARD BOAT RACE

KUEHN POOL  
ALL AGES

Five age divisions. All boats will be judged based on creativity, sea-worthiness, and quickest to sink! Each boat will need up to two participants to commandeer the course. Boats must be constructed using corrugated cardboard and duct tape. No wood, Styrofoam, fiberglass, paint, or plastic. Life jackets for this event will be provided, and must be worn by contestants. **Swimsuits required. Registration required.**

JUL 31 | SAT | 9 A.M. | BOAT CHECK-IN TIME | FREE  
10 A.M. | RACE TIME

## SWIMMING GONE TO THE DOGS

ALL AGES

Laurel Oak and Terrace Park Aquatic Centers will each host a “dog-a-POOL-ooza.” We invite your dog to a fun-filled evening at the pool. Dogs will be required to bring their owners (no more than two dogs per owner), be current with their shots, and be ready to have a doggone good time! Dog off-leash rules will apply to this event. No swimming by dog owners. Free. No registration required.

TBD | LAUREL OAK FAMILY AQUATIC CENTER  
TBD | TERRACE FAMILY AQUATIC CENTER



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